ECSF GRADUATE WORKSHOP



Personal construct therapy & clinical intervision Trudy Stewart - Margaret Leahy - Anne Breda - Veerle Waelkens

The ECSF consortium is organizing the second annual workshop for ECSF graduates. This is not only an ideal occasion to meet up with some of your classmates or to interact with fluency specialists from the previous 6 course cycles, it is also an opportunity to upgrade your clinical knowledge.

This year's workshop focuses on 2 topics: Personal Construct based treatment in stuttering by Trudy Stewart and Margaret Leahy (Thursday) and Clinical Intervision by Anne Breda and Veerle Waelkens (Friday morning). The workshop will take place in Antwerp, in parallel with the second intensive week of the specialization program.

An Introduction to Personal Construct Theory and Therapy

In the wake of Fransella's (1972) seminal application of Kellyian ideas to the understanding of stammering, the impact of personal construct psychology (PCP) upon speech and language therapists working in this area has been significant. Many experienced clinicians working in the field of fluency disorders would argue that PCP is one of the

most significant and useful approaches which has been applied both in research and therapy.

The aims of the workshop are to enable participants to:

- understand the basic theory of PCP including the fundamental postulate and corollaries developed by George Kelly
- be able to apply the theory of PCP to their clinical work
- understand and be able to apply basic techniques in therapy including listening skills, laddering, pyramiding questions, elaboration, tightening and loosening.
- apply the theory to themselves. PCP is an approach which centres on the personal and it is important that any one hoping to use it with clients can see how it resonates within their own lives

The workshop will provide much evidence based information

but the focus will be on practical application of PCP to clinical work.



EUROPEAN CLINICAL SPECIALIZATION FLUENCY DISORDERS

This one day workshop will be led by dr. Trudy Stewart and Margaret Leahy; both of whom have written and worked extensively with PCP over a number of years.

Clinical intervision is a method of peer coaching that has been described as working on problems that clinicians experience in their clinical practice. It is a systematic, well-described approach to work within a small group of colleagues. Intervision is a tool to improve the quality of work and the quality of the profession, in which also the personal functioning is taken into account.

Professionalization of the personal performance and the personal development requires self-reflection. Reflection occurs on pleasant and unpleasant experiences, on the actions of the clinician and the sources of those actions and the effects in relation to the work. There are many different definitions in the literature. We are using the definition of Hendriksen (1997). He describes intervision as follows:

- Mutual advice regarding work problems
- in a learning group consisting of peers
- within a joint structure
- to search for solutions
- in an autonomous, experiential learning environment.

This workshop will be led by Veerle Waelkens and Anne Breda in a way that will learn you the systematic approach so you can implement this method in your own environment. You are invited to **bring your own case(s)** or discuss problems you are experiencing with certain clients since these will form the basis for the peer coaching session.

When: Thursday 26/02 2015 from <u>9am-7pm</u> Friday 27/02 2015 from <u>9am-12am</u>

Where: Campus Sanderus, Thomas More Antwerp, Molenstraat 8 2018 Antwerp, Belgium.

The University College is located in the city centre of Antwerp and is within walking distance of most hotels in the city centre.

A tram and bus stop are situated within 50m of the symposium venue.

Price: 150 EUR, including 2-day workshop & lunch on Thursday

Registration: Email inge.pincket@thomasmore.be and she will inform you on availability and payments.

Accommodation:

Participants are expected to make their own arrangements as regards accommodation. The following list of websites can be useful:

http://www.visitantwerpen.be

http://www.hotels.be/destinations/hotels.cfm/langue/nl/province/Antwerpen/destination/1

http://belgie.hotels.com/

http://www.expedia.com/pub/agent.dll?

qscr=cmfd&qsfr=cmfd&itid=&itdx=&itty=&ecid=&subm=

More information about the campus of Thomas More Antwerp: http://campustoer.thomasmore.be/#/campussanderus-3/detail/



Renewed Campus Sanderus at Thomas More Antwerp